

**LEARN HOW TO**

Work together inclusively with others

Improve motor skills and body awareness

Have fun while exercising!

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**TERM 3 ENROLMENT OPEN NOW FOR**

**Home Ed Fitness Classes**

* **When:** TERM 3 (22nd July - 27th September)
* **Where:** 15 Hanlin Road
* **Located:** The GRT Community Gym
* **Cost:** $100.00 per Term
* **Book Now:** Email caitlin.rohrbeck@velodrome.nz

**Testimonies :**

*"Thanks for making it a safe and comfortable environment for my daughter to exercise in. She is loving the classes and is feeling confident that she is capable this type of class and has been loving adding it into our weekly routine"*

*"It has been neat seeing the group work together through team building exercises, in a safe environment, without fear of rejection. An awesome way for neurodivergent learners and home school kids to participate and begin to find a way of exercise they enjoy."*

